The Parent/Child and Preschool Aquatic Program Manual (YMCA Swim Lessons)



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(Sonny Bergstrom)

THE PARENT/CHILD AND PRESCHOOL AQUATIC PROGRAM MANUAL (YMCA SWIM LESSONS)



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Human Kinetics Publishers, 1999. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The Parent/Child and Preschool Aquatic Program Manual has the information instructors will need to plan aquatic classes for parents and their infants (6 months to 3 years old) and for preschool children (3 to 5 years old) on their own. Sample lesson plans for four skill levels are included; each lesson plan has an objective, a list of needed materials, suggested activities, and performance criteria. Colorful photos illustrate many of the activities, and the appendix offers additional activities, games, and songs.

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