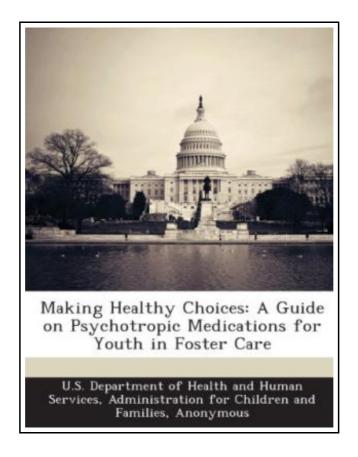
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# MAKING HEALTHY CHOICES: A GUIDE ON PSYCHOTROPIC MEDICATIONS FOR YOUTH IN FOSTER CARE (PAPERBACK)



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Bibliogov, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This guide -- written specifically for youth in foster care with input from youth and professionals -- looks at ways to handle powerful feelings and behaviors and make healthy choices. Understanding how psychotropic medication can help and what other options are available can be challenging. This guide can help you decide what s best. Making Healthy Choices includes useful information, questions to ask, worksheets, and tips on: Recognizing you need help; Knowing your rights about your health and who can help you make decisions; Considering your options, including helpful approaches other than medication; Making decisions about how best to stay healthy.

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